

# St Benedict's Parish Arcadia



ST. BENEDICT

July 11th

*"To prefer nothing to the  
love of Christ"*



## ST BENEDICT'S FEAST DAY

YEAR B

13 & 14 JULY 2024

### PARISH MASS TIMES

#### Weekends:

Saturday 7:00pm Vigil  
Sunday 9:00am  
Sunday 10:30am

#### Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration  
7:00pm Mass & Confession  
(Reconciliation)

Saturdays 9:00am to 10:00am  
Adoration & Confession (Reconciliation)

### MONASTERY CHAPEL Masses

Sundays 7:00am  
Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS  
RECONCILIATION  
FOR THE SICK  
MARRIAGES  
FUNERALS**

**Parish Priest:**  
**Fr Shansana 0437 884 233**



### INTRODUCTORY RITES

The Lord is my inheritance and my cup; he alone will give me my reward. The measuring line has marked a lovely place for me; my inheritance is my great delight.  
(Ps. 15:5-6)

### SUNDAY HOLY MASS PRAYER

Lord, by your grace St Benedict became a great teacher in the school of your service. Grant that we may put nothing before our love of you and may walk eagerly in the path of your commandments.  
We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

### PRAYER

*Dear Saint Benedict,*

*I give thanks to God for bestowing upon you His grace, enabling you to love Him above all else and to establish a monastic rule that has guided countless of His children towards lives of fullness and holiness.*

*Through the cross of Jesus Christ, I humbly ask for your intercession, that God may protect me, my loved ones, my home, my property, my possessions, and my workplace today and always through your holy blessing. May we never be separated from Jesus, Mary, and all the blessed. Through your prayers, may we be delivered from temptation, spiritual oppression, physical illness, and disease. Shield us from the dangers of drug and alcohol abuse, impurity and immorality, harmful companions, and negative attitudes. In Jesus' Name. Amen.*

**First Reading: Proverbs 2:1-9**

A reading from the book of Proverbs

*Apply your heart to learn wisdom.*

My son, if you take my words to heart, if you set store by my commandments, turning your ear to wisdom, and applying your heart to truth: yes, if your plea is for clear perception, if you cry out for discernment, if you look for it as if it were silver, and search for it as for buried treasure, you will then understand what the fear of the Lord is, and discover the knowledge of God. For the Lord himself is giver of wisdom, from his mouth issue knowledge and discernment. He keeps his help for honest men, he is the shield of those whose ways are honourable; he stands guard over the paths of justice, he keeps watch on the way of his devoted ones. Then you will understand what virtue is, justice, and fair dealing, all paths that lead to happiness.

**The word of the Lord.**

**Thanks be to God.**

**Responsorial Psalm:**

**R. I will bless the Lord at all times.**

**Second Reading: Ephesians 4:1-6**

A reading from the letter of St Paul to the Ephesians

*There is one body, one Lord, one faith, one baptism.*

Brothers and sisters:

As a prisoner of the Lord, I beg you to live in a way that is worthy of the people

God has chosen to be his own.

Always be humble and gentle.

Patiently put up with each other and love each other.

Try your best to let God's Spirit keep your hearts united.

Do this by living at peace.

All of you are part of the same body.

There is only one Spirit of God, just as you were given one hope when you were chosen to be God's people.

We have only one Lord, one faith, and one baptism.

There is one God who is the Father of all people.

Not only is God above all others, but he works by using all of us, and he lives in all of us.

**The word of the Lord.**

**Thanks be to God.**

**Gospel Acclamation**

Alleluia, alleluia!

The Spirit of the Lord is upon me;

he sent me to bring Good News to the poor.

Alleluia!

**GOSPEL: Luke 22:24-30**

A reading from the holy Gospel according to Luke

*I confer a kingdom on you, just as my Father conferred one on me.*

A dispute arose between the apostles about which should be reckoned the greatest, but Jesus said to them, 'Among pagans it is the kings who lord it over them, and those who have authority over them are given the title Benefactor. This must not happen with you. No; the greatest among you must behave as if he were the youngest, the leader as if he were the one who serves. For who is the greater: the one at the table or the one who serves? The one at the table, surely? Yet here am I among you as one who serves!

'You are the men who have stood by me faithfully in my trials; and now I confer a kingdom on you, just as my Father conferred one on me: you will eat and drink at my table in my kingdom, and you will sit on thrones to judge the twelve tribes of Israel.'

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**

**My child, listen to me... then you will know how to find the right course of action every time.**

**Pr2:1-9.**



© Inside's Handful

**Be Humble And Keep The Unity Of The Spirit**

*Ephesians 4:1-6*

**I am among you as the one who serves**

*Luke 22:27*

## GOSPEL REFLECTION

Sunday, July 14

Amos 7:12-15

Psalm 85:9-14

Ephesians 1:3-14

Mark 6:7-13

*Jesus summoned the Twelve and began to send them out. (Mark 6:7)*

How do you think the apostles reacted when Jesus told them he was sending them out to preach, heal the sick, and drive out demons? Maybe they had a moment of panic, or at least some trepidation. They probably wondered if they could do what he was asking!

No matter how they felt, the Twelve were able to go out and minister to the surrounding towns because they believed in Jesus. If he was calling them to this work, then they trusted that he would help them to accomplish it.

That's the kind of faith we all need when God calls us to do something we feel unqualified or unworthy to carry out: *Faith that Jesus is truly calling us and "sending us out" in some way.* That kind of faith requires you to trust that he has some kind of mission just for you and that through prayer or in Adoration, you will hear what he has in mind.

*Faith that the Lord will equip us to do this work.* You may see only what you lack, but the Lord sees all your gifts, some of which you might not even be aware of. He has confidence in your abilities, and he might even send you new gifts—as well as other believers—to help you.

*Faith that our efforts will bear fruit.* You might not see such fruit immediately, and perhaps you will never see it in your lifetime. But you can trust that the Lord had a purpose for you in mind and that if you are faithful to him, he will be faithful to you.

Where is God sending you today? It might not require you to "go" very far—it could very well be to your parish, neighborhood, or workplace. And unlike the apostles, you can bring more than a walking stick with you! What you do need is a heaping amount of faith—and the Lord will give it to you if you ask for it!

***"Lord, fill me with faith, and then send me out to join you in your saving work"***

Source: Word Among Us India

## LITURGICAL FEASTS AND EVENTS OF THE WEEK

### JULY

Monday 15 Readings: Is 1:10-17. Mt 10:34 - 11:1.  
**R:** To the upright I will show the saving power of God.  
**St Bonaventure, bishop, doctor**

Tuesday 16 Readings: Is 7:1-9. Mt 11:20-24.  
**R:** God upholds his city for ever.  
**Our Lady of Mount Carmel**

Wednesday 17 Readings: Is 10:5-7, 13-16. Mt 11:25-27.  
**R:** The Lord will not abandon his people.

Thursday 18 Readings: Is 26:7-9, 16-19. Mt 11:28-30.  
**R:** From heaven the Lord looks down on the earth.

Friday 19 Readings: Is 38:1-6, 21-22, 7-8. Mt 12:1-8.  
**R:** You saved my life, O Lord, I shall not die.

Saturday 20 Readings: Micah 2:1-5. Mt 12:4-21.  
**R:** Do not forget the poor, O Lord!  
**St Apollinaris, bishop, martyr**

### PRAYER TO OUR LADY

**Almighty Lord and God, let the gracious intercession of Our Lady of Mount Carmel help us. Under her protection, may we come to the mountain of God, Christ the Lord, who lives and reigns with you and the Holy Spirit, God for ever and ever. Amen.**



Source: Ordo 2024



### POPE FRANCIS' PRAYER INTENTION FOR JULY 2024

#### For the pastoral care of the sick

We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.



## FEAST OF ST BENEDICT 11 JULY



### ST BENEDICT'S FEAST DAY

Sunday 14th July 9am



#### HAPPY ST BENEDICT'S FEAST DAY!

Please join us in celebrating St. Benedict's Feast day on Sunday, July 14th after the 9am Mass. Followed by barbecue, jumping castle, piety stall, book display, sweets, coffee and tea.

**PLEASE NOTE: The 10:30am Mass is cancelled**

#### ST BENEDICT'S BOOK DISPLAY

Fr Michael and Sr Wendy have put together a display of books and other materials to do with the Rule of St Benedict for the Feast Day. Please come have a look at all the work. The display is in front of the Lectern only on Sunday as it has to be monitored.

#### REST IN PEACE

It is with great sadness we announce the passing of:



**MAURINE TIUTIUNNIK**  
7th July 2024



#### *Funeral details are as follows:*

St Benedict's Monastery Chapel  
Thursday 18th July 2024 at 11am

*Eternal Rest grant to her O Lord,  
And let the Perpetual light shine upon her,  
May she Rest in Peace.  
Amen*

*Our prayers and thoughts are with  
Maurine's family and friends.*

#### PARISH NOTICE

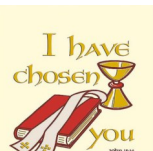
- **PARISH OFFICE WILL BE CLOSED ON MONDAYS 8TH 15TH & 22ND JULY. FRIDAYS STILL OPENED. Parish Office: 9653 2312**

#### ORDINATION ANNIVERSARY

**Fr Alberic Jacovone 15 July 1961 - 63 years**

Congratulations and best wishes on your Anniversary of Priesthood.

Your holy service to the Lord touches so many hearts and inspires so many lives. May God's goodness and kindness be with you on this special day and all the days of your life.



God bless you Father Alberic and may He keep you safe in the palm of His hand.

## In Our Parish

*(please let us know if you would like someone added here)*

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially **Sam Musumeci, Brother Mario, Father Alberic & Brother Terry.**

We remember in our prayers all our dearly beloved who have died, especially **Maurine Tiutiunnik. May they rest in Peace.**



## VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:

thanks

**PETER GOODWIN**

Thank you Peter for all your help being on the roster as a Reader for so many years, as well as collection and great help at the fete. Also thank you for everything else you do when we need help. We are really grateful! God bless you in all you do for our parish!

*Who would you like to nominate for next week's volunteer?*

## NEXT SACRAMENTAL PROGRAM

**PARENT INFORMATION NIGHT  
MONDAY 22ND JULY 2024 7.30PM**

Our next Sacramental Program enrollment is now open for students in Year 3 or above, starting with Confirmation. This includes students over the age of 8 who have not yet received Confirmation. Confirmation sessions are scheduled for August 2024, with the Confirmation Service set for September 12th, 2024. Reconciliation and Holy Communion will be held in 2025.

Enrollment forms can be obtained from the sacristy. If you prefer to receive the form by email, please send a request to [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com), and we will promptly send you the form.

Please submit your completed enrollment form to the parish as soon as possible.

For more information contact Paula on 9653 2312.

## ST BENEDICT'S YOUTH GROUP

Come join our St Benedict's Youth group for **8-12yr olds** will be held **every Friday during school term only**. 4pm to 5.30pm.

To register your child either just turn up on the afternoon or email the parish:  
[arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com)

**Volunteers aged 14-16yrs who would like to assist us please email the parish office.** Our youth leaders all have Working With Children Checks.



Thank you, Gabe & Jules!

## CCC PRAYER GROUP



Prayer meeting held every **Wednesday morning**: after 9.30am Mass.  
Everyone welcome.

**Come and meet new people and have a cuppa!**  
For more details call Mary Camilleri on 0403 116 987.

## CATECHISTS' NEWS

Term 3 resumes on Monday 22nd July. Wishing all Catechists, students and families an enjoyable and restful holiday break!

Free training in Term 3 –

- Available to Catechists with full Authorisation – Level 1 Training “Prayer in the Classroom” on Wednesday 24th July via Zoom in the evening 6.15pm-8.30pm. RSVP [registrations@bbccatholic.org.au](mailto:registrations@bbccatholic.org.au)
- For all Catechists, family or friends - Level 3 Course “A Reflective Study of the Psalms” being held over 12 weeks, starting on Friday 26th July at 10am via Zoom RSVP [registrations@bbccatholic.org.au](mailto:registrations@bbccatholic.org.au)

Helpers and part time Catechists are welcome to assist when Catechists are away. If you are interested to learn more about the ministry of being a Catechist, please talk to one of our priests or contact me.

God bless,  
Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)  
Parish Catechist Co-Ordinator

## EXCITING PARISH NEWS PERMANENT PIETY STORE OPENING SOON!



This will be opposite the Sacristy, in the old sound room. Lila Basha will be organising this with her family. God bless the Bashes! We all can't wait!

## ST BENEDICT'S MAKER'S TABLE

The Maker's Table is a special place where women gather to create, make, craft, pray, listen, share gifts, and stories.

Workshops are held on the first Wednesday of the month 7.30pm to 9.30pm at the parish meeting room.

[themakerstablesydney@gmail.com](mailto:themakerstablesydney@gmail.com)

Martine 0458 533 250  
Nerida 0425 834 017

[www.themakerstable.org](http://www.themakerstable.org)  
at St Benedict's Parish hall

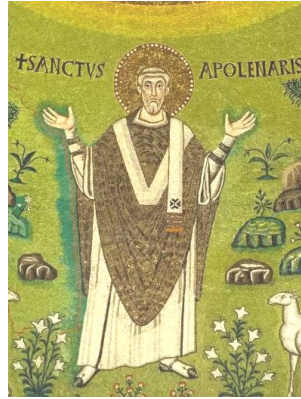


## ITALIAN ROSARY GROUP

Every Monday 2.00pm.  
Everyone welcome.

For more details call  
Angela Egiziano on 9652 1358.





## SAINT OF THE WEEK

### **SAINT APOLLINARIS, BISHOP & MARTYR**

**Feast Day: July 20**

**c. First Century - c. 79**

**Patron Saint of Ravenna and Emilia-Romagna, Italy**  
Invoked against gout, venereal disease, and epilepsy

Most of what we know of Saint Apollinaris is rooted in legend. Popes in the sixth and seventh centuries encouraged his veneration, and in 549, Bishop Maximian of Ravenna, in modern-day Italy, dedicated a church to Saint Apollinaris that still stands and honors him as Ravenna's first bishop. Other churches were built in his honor in Rome, Bologna, France, and Germany.

According to one tradition, Apollinaris was born in Antioch, in modern-day Turkey. Saints Paul and Barnabas preached in Antioch ([Acts 11:26](#)) where followers of Christ were first referred to as Christians. Possibly, Saint Peter converted Apollinaris to the faith, or Jesus Himself might have sent him on a mission as one of the seventy-two disciples. Regardless, tradition states that Saint Peter ordained Apollinaris as a bishop and sent him to Ravenna to serve as that city's first bishop.

In Ravenna, Bishop Apollinaris preached the Good News, attracting many converts and performing miracles. At that time, Ravenna was an important port city for the Roman Empire. The predominant religion honored pagan gods and goddesses with temples and rituals. When Bishop Apollinaris preached the Gospel of Jesus Christ, many perceived Christianity as a direct threat to their way of life and beliefs. Citizens beat Apollinaris and drove him out of the city. He was found close to death on the seashore, where fellow Christians rescued and hid him.

Determined to complete his mission, Bishop Apollinaris returned to Ravenna. He was captured, forced to walk on burning coals, and again expelled from the city. He then traveled west about sixty miles to modern-day Emilia-Romagna, where he continued his mission, winning many converts.

Undeterred from converting the people of Ravenna, Bishop Apollinaris returned for a third time. This time, it is said that he was cut with knives and had scalding water poured on his wounds. His abusers silenced his preaching by beating his mouth with rocks. After several days chained in a dungeon, he was ejected from the city again and placed on a ship to Greece. In Greece, Bishop Apollinaris preached and performed miracles. After he won many converts, the local pagan priests complained that his presence was disrupting their communication with the gods and goddesses. Bishop Apollinaris was placed on a ship and returned to Ravenna.

By the time Bishop Apollinaris returned to Ravenna, Vespasian was the Roman emperor. While Vespasian did not engage in an empire-wide persecution of Christians, he ordered the exile of certain Christians, including Bishop Apollinaris. After being dragged out of the city a fourth time, Apollinaris was beaten in Classis, just south of Ravenna, and again left for dead. Whether he died as a result of this final beating is unknown, but he is honored as a martyr on the Church's liturgical calendar. Saint Apollinaris is believed to have served as the first Bishop of Ravenna for twenty to twenty-six years.

Historical evidence from the seventh century suggests that he might have lived a century later, dying during the persecution of Emperor Septimius Severus in the late second century.

*Saint Apollinaris, persecution, beatings, and exile did not deter you from fulfilling your mission of winning souls for the Kingdom of God. Please pray that I will discover the same courage that you had and fulfill my mission with unwavering faith. Saint Apollinaris, pray for me. Jesus, I trust in You.*



## GCEA SPRING DINNER

Saturday 14 September, 2024  
6pm—10pm At the Galston Club

It's just 12 weeks to our GCEA Spring Dinner.

We are anticipating it to be a huge event this year so book early.

Here is the link to book your tickets:

<https://events.humanitix.com/gcea-spring-dinner-2024>

Our focus this year is on SRE teachers and the needs for schools in our local area.

The GCEA is our primary focus with Paul El-Chaar, our teacher at Galston High School, but we see the importance of SRE in all schools.

There will be a silent auction on the night. Come and support this ministry.

**St Benedict's parish will be hosting a table to show our support for Paul El-Chaar. Please contact Paula to reserve your spot and join us for what promises to be another enjoyable event, just like last year!**

## UNLOCKING THE MYSTERY OF THE BIBLE - THE BIBLE TIMELINE CHART

Presenter: Charbel Raish  
Duration: 8 weeks  
Start date: Thursday, 10th October 2024  
Time: 7pm to 9pm  
Location: Middle Dural  
Price: Free

Please message Tania on 0401597278 if you would like to attend or know anyone who will be interested.

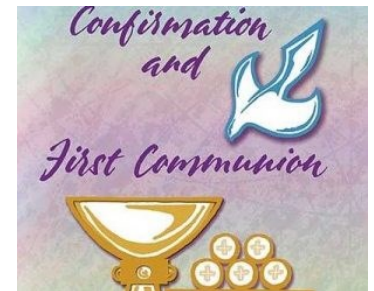


## CONGRATULATIONS OLIVIA!

Congratulations to Olivia Jahromi for receiving her Sacraments of Confirmation and First Holy Communion on Sunday the 7th July 2024.

What a wonderful milestone and special day to cherish marking a significant step in your spiritual journey.

A big thank you to Hannah for supporting Olivia in her journey!



## SERRA CLUB BROKEN BAY



The Serra "31" Club is a vocations program where daily prayer, monthly Mass, Adoration, and the Rosary are offered for an increase in all Church vocations and for priests, deacons, sisters, brothers, and lay ministers already serving the Church.

You can sign up to pray daily for vocations or pray daily and nominate a day each month (e.g. 7<sup>th</sup>) where you will attend an extra Mass, Eucharistic Adoration, or pray the Rosary, especially for vocations. If your commitment cannot be fulfilled on the day nominated, you may instead simply move it to another day.

To join the program, follow the QR code below, and you will be directed to the Serra "31" Club membership form.



*In this time of great need your support for vocations is greatly appreciated.*

# Parish Roster

PLEASE JOIN US FOR MORNING TEA  
AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

20/7/2024 to 21/7/2024  
16TH SUNDAY IN ORDINARY TIME - YEAR B

	SATURDAY 7.00pm	SUNDAY 9.00am	SUNDAY 10.30am
Acolyte		Nigel M	
Reader1	Margaret B	Lorraine D	Azzi family
Reader2	Maria G	Teresa G	Lorna B
Prayers	Mary C	Judy H	Azzi family
TV		Sebastian W	Xavier F
Music		Melanie H	Melanie H
Music		Keith W	Theresa N
Music		Marisa Q	Jack F
Music		Teresa G	Martina J
Morning Tea		Lila B	
 FLOWERS	Gabrielle W		

## SUPPORT ST BENEDICT'S PARISH

### ARE YOU CONSIDERING SELLING YOUR PROPERTY

We are delighted to introduce Gavan Kohen, Sales Director at **Ray White** Dural, a proud member of the Parish of St Benedict's.

Gavan is generously offering to support our parish by donating a portion of his commission from any sale referred by our parishioners. Thank you Gavan, we appreciate your kind gesture.

For any real estate enquiries, please contact Gavan Kohen on 0414 911 070.



## Our Lady of Fatima FEAST DAY

St Benedict's Parish, 12:30pm Sunday 13 October 2024

Invitation to children to take part  
in the Fatima Play, which will be part of the  
Our Lady of Fatima Feast Day.

Please phone 0438 521 421 for further details.



Thank you to all our volunteers, we  
really appreciate it!

If anyone would like to join our parish  
roster please contact the parish  
office.

### ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

### SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

### PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm

Parish Office: 02 9653 2312  
Email: arcadia.pariah@bbcatholic.org.au

Parish Priest: Fr Shansana Samarasinghe OSB  
Email: sanshanasamarasinghe@yahoo.com  
After hours: 0437 884 233

Address: 2 Fagans Road, Arcadia NSW 2159  
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

MONASTERY: 9653 1159



BANK DETAILS for ONLINE only donations:  
BSB: 062 784 Account: 100002141  
Account Name: Catholic Parish of Arcadia Bank:  
CBA—Catholic Development Fund

For all parish Occupational Health & Safety  
and Safeguarding Children matters Contact:  
Lorraine Dailey on 0416 081 882.